

Hyde Park Junior School - Religious Education

Enquiry Question: What do religions say to us when life gets hard?

Topic: Expressing—Hinduism, Christianity and Humanists

Year: 5

Strand: Expressing

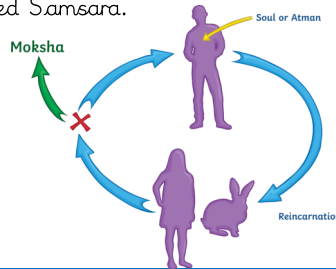
Key Information

Religions help people to live, even when times are tough, e.g. through prayer, giving a sense of purpose, a guide to deciding what is right and wrong, membership of a community who care for each other, opportunities to celebrate together.

Most religious traditions teach about some form of life after death, which can bring comfort to people as they face suffering, or if they are bereaved. Some people believe that death is the end of life, and that there is no afterlife.

Reincarnation—Hinduism

Hindus believe in reincarnation. This means that the atman (the soul) is reborn in another body, human or animal, when the body dies. The same atman (a part of Brahman, God Itself) can be reborn many times, in a cycle of death and rebirth called Samsara.

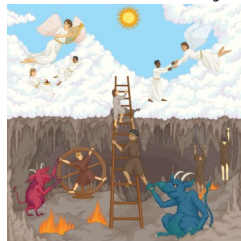


Key Vocabulary

ceremony	A formal religious or public occasion, especially one celebrating a particular event, achievement, or anniversary
prayers	A solemn request for help or expression of thanks addressed to God or another deity
suffering	The state of undergoing pain, distress, or hardship
community	A group of people living in the same place or having a particular characteristic in common
life after death	The hypothetical existence or survival of the soul after death.
bereavement	The action or condition of being bereaved following the death of someone.
judgement	The act or process of being judge by God based on their actions and beliefs.
salvation	Through the death of Jesus people are saved from sin and forgiven by God
reincarnation	The rebirth of a soul in another body.
Heaven	The place regarded in various religions as the abode of God (or the gods) and the angels, and of the good after death
soul	The spiritual or immaterial part of a human being or animal, regarded as immortal.
karma	Good or bad luck, viewed as resulting from one's actions.

The Afterlife in Christianity

Christians believe that when we die we will go to heaven or hell. Heaven is a paradise, but hell is a place of punishment. Christians believe that, when we die, we will be judged by God. Traditionally, Christians believe that anyone who accepts Jesus Christ as their Lord and Saviour will go to heaven, while those who reject Jesus will go to hell. Salvation is only possible because of the sacrifice of Jesus.



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Questions	Start of unit:	End of unit:
1. What do Hindus believe happens after death?		
2. What do Christians believe happens after death?		
3. Who are Humanists, what do they follow and what do they believe happens after death?		
4. What are the similarities and differences in ceremonies that mark the end of life on Earth?		
5. How does religion help believers at difficult times?		